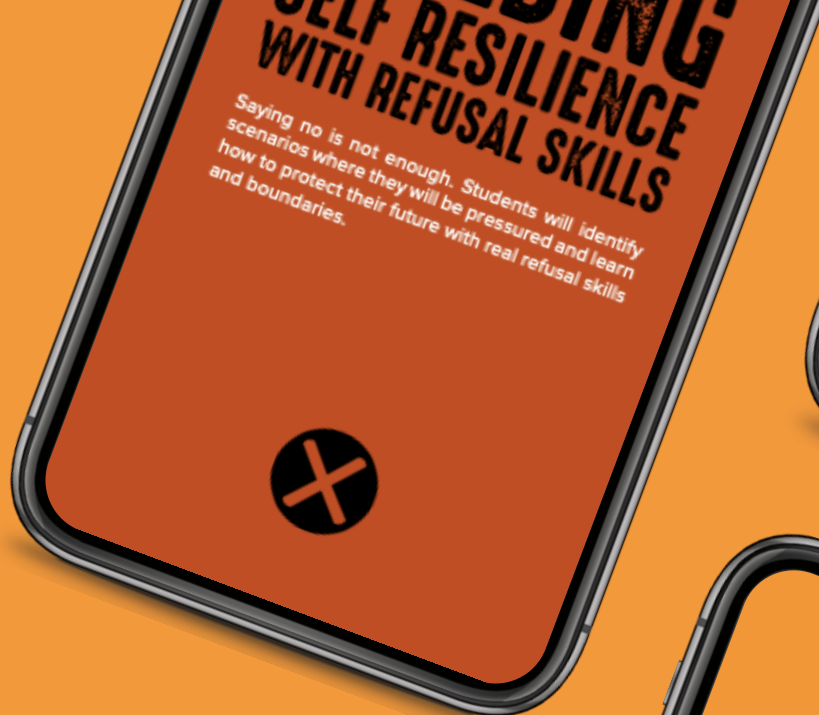


# Vaping Drug & Alcohol Curriculum

Self-Paced Digital Course

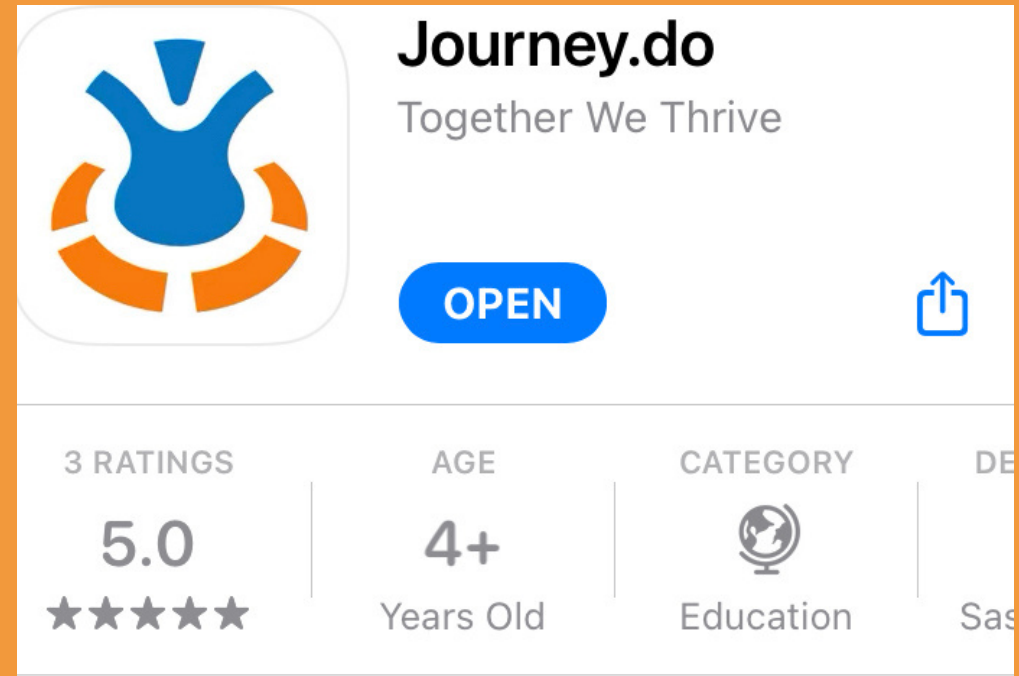


# Accept your invitation.

## SIGN IN TO CREATE YOUR ACCOUNT

You should receive a link to create a ThriveCast account. We use ThriveCast, a program created by Arizona State University, so you can engage with our lessons, stories and content from any device.

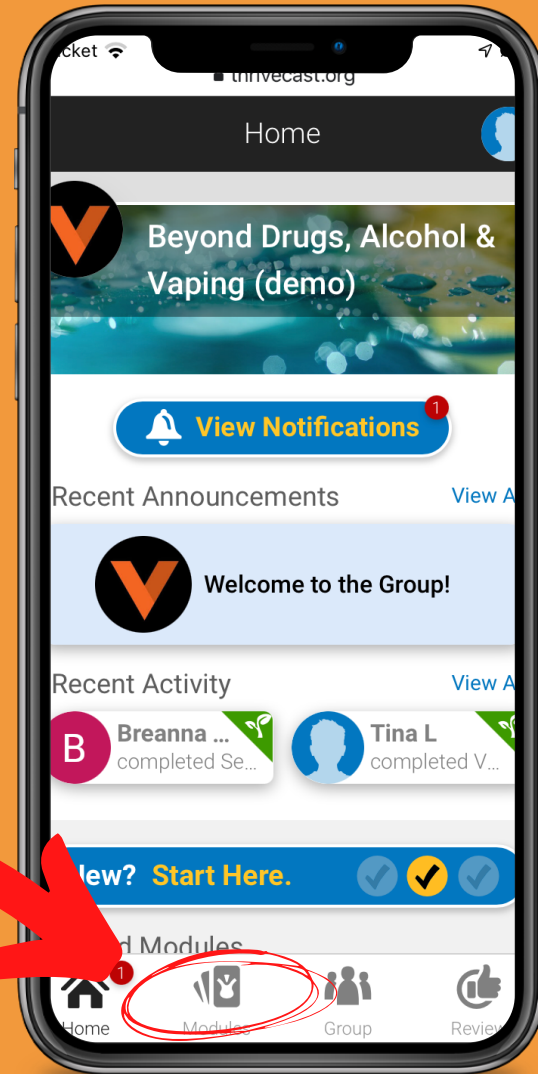
# DOWNLOAD JOURNEY.DO APP



Download onto I-phone, Android or any other devices you may have.

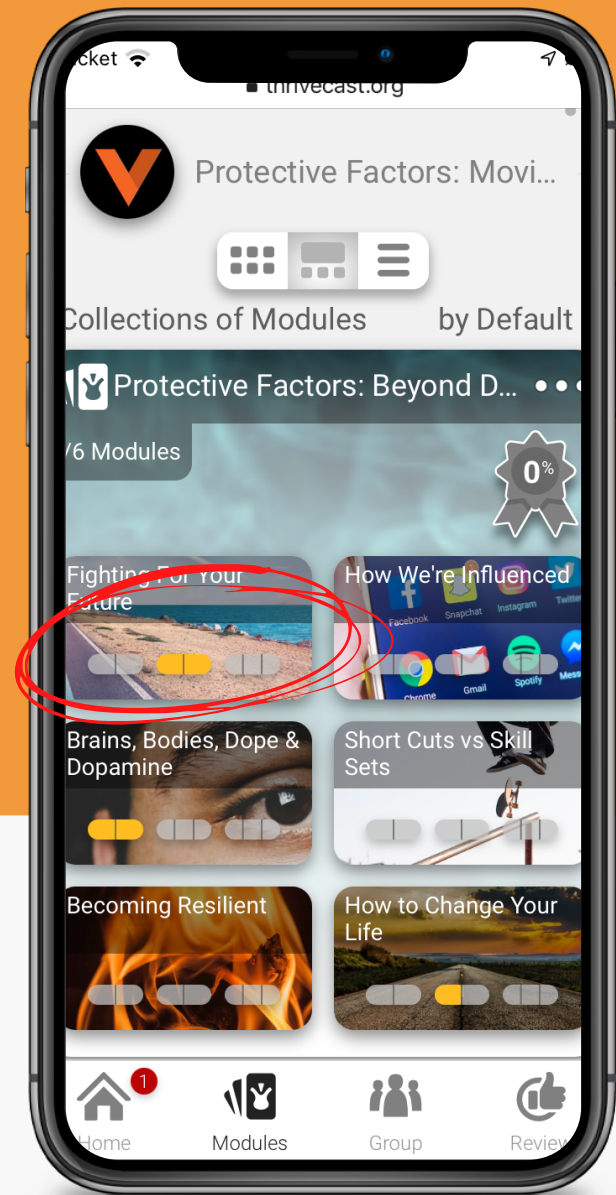
This is the  
home screen.

CLICK ON "MODULES"  
AT THE BOTTOM



# SELECT A MODULE

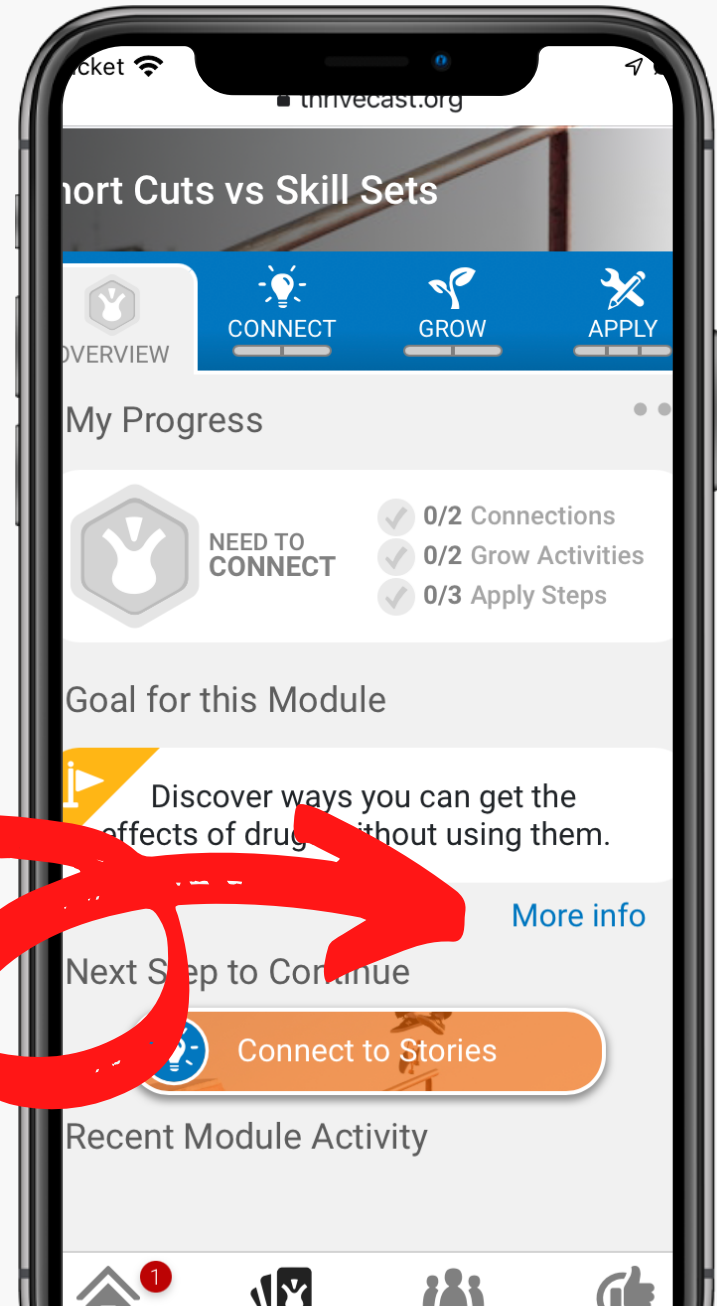
Select which module you'd like to go to first. They're designed to go in order, but will work in any sequence.



# View the goals for this module.

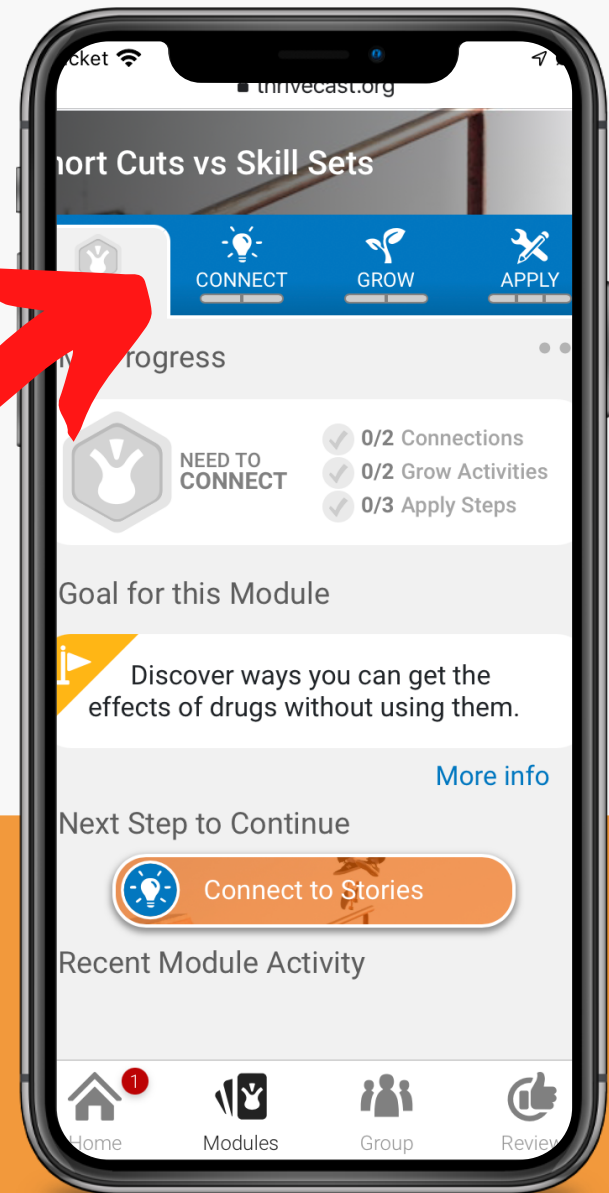
**CLICK "MORE INFO" TO SEE GOALS**

Each module has goals for you to accomplish in order to graduate from the course.

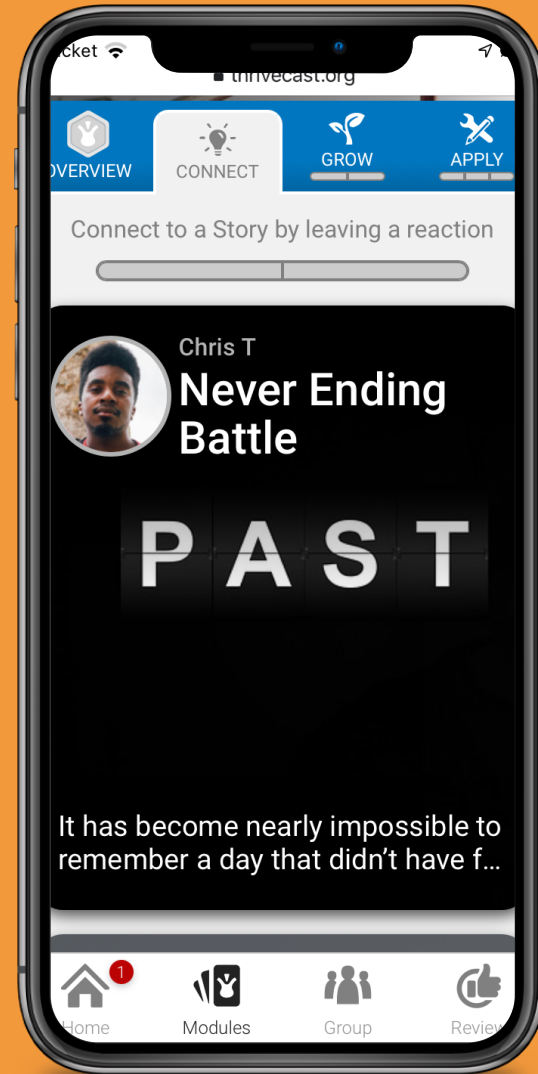


# CONNECT

Use the "Connect" tab to see what stories others have shared about this module.



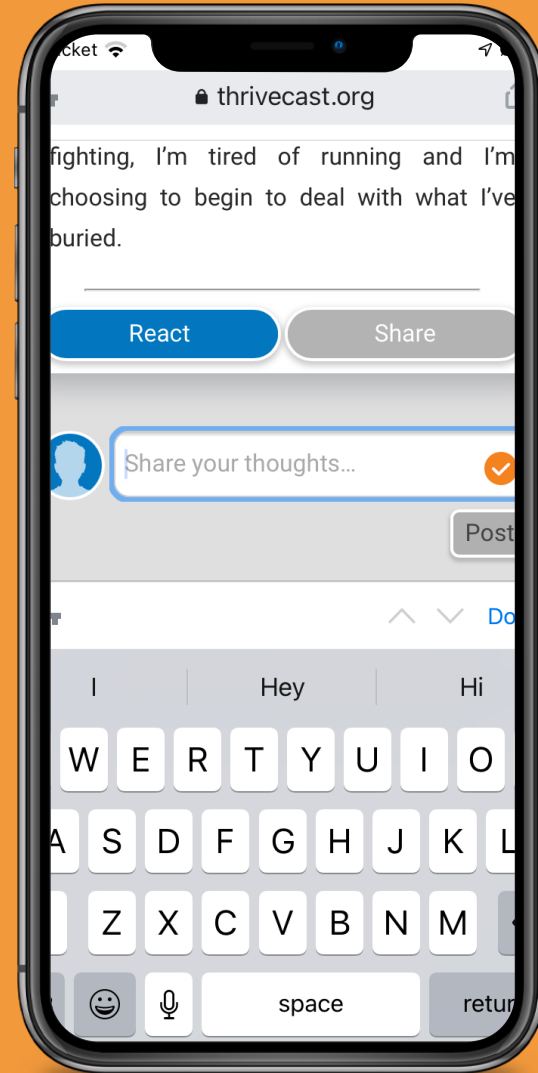
Select a  
story that  
interests you.





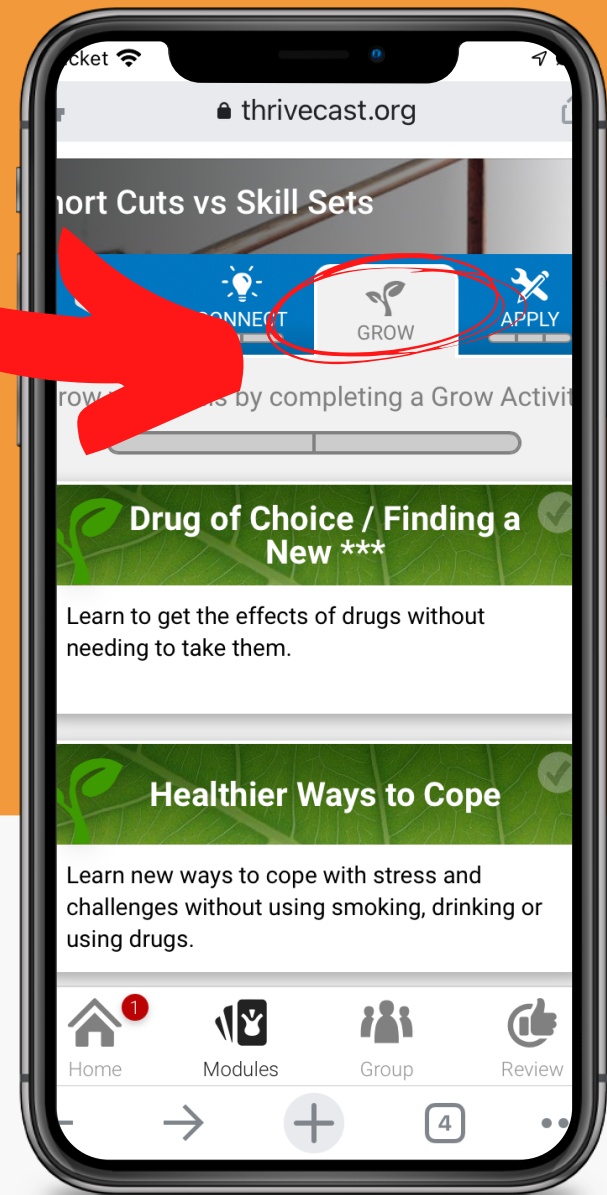
Read it.  
React.  
Comment.

Connect with 2 stories per  
module 6 modules = 12  
Total Connects.



# GROW

Once you're done connecting with others and their stories, click on the "Grow" tab and select which activity you'd like to do first.

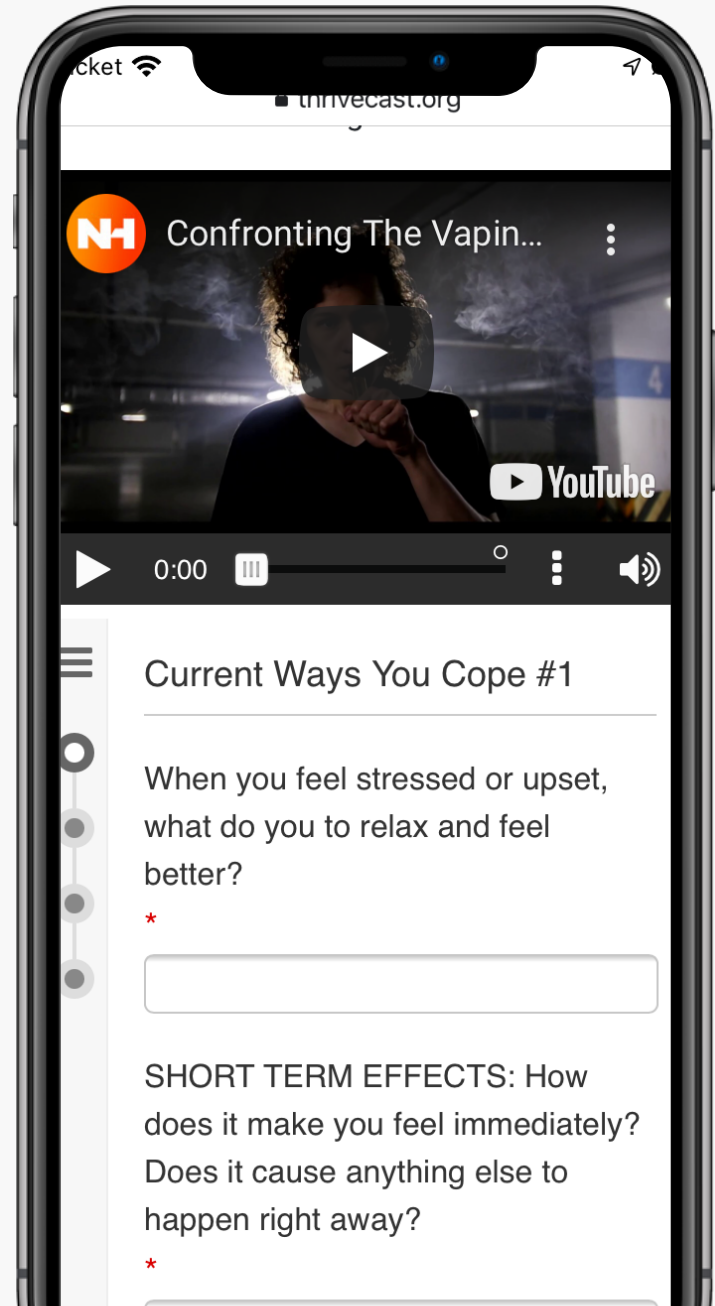


# Complete the activity.

## AND TAKE YOUR TIME

Each activity might have videos, quizzes, fill in the blanks or multiple questions. Make sure to complete it all and press submit at the bottom so you get credit.

**3 ACTIVITIES PER MODULE 6  
MODULES = 18 TOTAL ACTIVITIES**



# Apply what you learned.

Choose a question you'd like to answer from the "Create Your Story" section, then write your answer. You can be creative too with photos, art, poems or stories.



1 apply per module = 6 total stores

12 CONNECTS

+

18 ACTIVITIES

+


6 APPLIES

+

POST-SURVEY FORM



CONGRATULATIONS!!!



# Do all six modules to graduate!

Certification Provided Upon Completion